

# Trip Orientation Part 6

## Packing List

### Clothes

Dressing in layers is best when considering your clothes. The weather, for the most part, will be warm and sunny during the summer and cooler in the winter. Following are some suggested items that might be helpful:

- Casual pants for hiking sightseeing (casual can be worn the whole trip)
- Casual long sleeve shirts
- Short sleeve shirts
- Bathing suit (for the Dead Sea if you want to take a dip)
- 2 Plastic bags for wet clothes
- Undergarments
- Socks
- Light jacket
- Sturdy walking shoes with traction for many stone paths and roads you'll traverse. FYI- many of the streets are paved with stone, and it's challenging to wear shoes with awkward heels/soles on uneven pavement.
- Sleepwear
- Hat for sun protection purposes
- Men will need to wear a hat or equivalent on their heads when entering Jewish sites and synagogues.
- Ladies will need a shawl or equivalent when entering Muslim areas

### General Items

- Slimline travel Bible
- Small notebook and pen for taking notes
- Travel alarm
- Flashlight (mini) or cell phone with flashlight
- Camera/video camera
- Film or storage disks for your camera (bring plenty, because they're much more expensive in Israel)
- Daypack/backpack (can be used as a carry on and for travel in Israel)
- Ziplock bags for lunches and for putting the relics in you might gather along the way in Israel.
- Umbrella – small contractible type
- Sunglasses
- Plug adapter for plugging devices into the outlets in Israel.

Note: The outlets in Israel are different than the states. You'll need this adapter for plugging things in to be charged, etc.

- Charger converter needed for Israel (needed for charging cameras, etc.) Note: Electricity in Israel is 220 volts, in America, it's 110 volts. Many electronic devices today can adapt to both voltages. However, if you plan on taking an item that cannot use 220 volts, then you will need a converter.

### **Toiletries**

- Shampoo/conditioner
- Soap
- Toothbrush
- Toothpaste
- Deodorant
- Lip balm
- Razor
- After-shave
- Band-Aids
- Feminine items
- Sunscreen
- Tylenol/ Ibuprofen
- Eyeglasses/ contact lenses
- Anti-bacterial hand lotion
- Any prescription medicines

### **Documents & Items to Carry with You at all Times**

There are several options for carrying your money and important documents with you on your trip. You can use a money belt (waist style or necklace style) or pockets on your pants or shirt that can be buttoned and are secure.

- Passport – Must have 6 months left before expiring from the dates of your trip.
- Copy of your Passport
- Driver's License
- Cash
- Credit/Debit Card (make sure to activate your cards for Israel or international travel)  
Note: It's handy to use your debit card for drawing out Shekels for spending money in Israel. You'll also get the best exchange rate by using it as well.

- Travel Visa received in Israel at customs.

**Special Note:** When arriving in Israel, you'll go through customs to receive your visa for your stay in Israel. It will be a small piece of paper. Please don't lose it! You will need it on several occasions while in the country. You can tuck it away in your passport if you'd like.